



Barnabas Counselling Training

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Level 2 Certificate in Counselling Skills Course (CSK-L2)

Thank you for expressing an interest in the Level 2 Certificate in Counselling Skills course offered by Barnabas Counselling Training. The Course is recognised by the Association of Christian Counsellors (ACC) and accredited by the Counselling & Psychotherapy Central Awarding Body (CPCAB), which offers students secular recognition.

This course is suitable for anyone with no prior counselling training, or for students who have already completed an introductory level course and wish to continue further. The Level 2 Certificate course is considered to be at a level equivalent to a GCSE. It is recommended that applicants have a GCSE/O level in Maths and English to start the course.

Barnabas will be offering this course at Glenfrome Primary School, (Cottisford Road Eastville, Bristol, BS5 6TY) starting on Sunday 16th July 2017. This will be offered in conjunction with Cornerstone Counselling Service and the School of Evangelism and Leadership. Sessions will be held once a month on a Sunday from 9.00am-5.30pm on the following dates:

16th July 2017, 17th September, 15th October, 19th November, 10th December
14th January 2018, 4th February, 25th February, 18th March, 15th April, 22nd April, 20th May.

The CPCAB external exam will be held on Sunday 22nd April so students will need to be able to attend on that day.

An overview of the course is enclosed, together with an application form and the Terms and Conditions attached to this course. The main requirements of the course are as follows and students are asked to carefully consider the level of commitment required for the training:-

1. The attendance requirement of the course is 90% which means you can miss no more than one session. Students should commit to attending all 12 sessions to allow for any unexpected events including illness which may mean missing a session during the training. Barnabas is not running any Level 2 courses locally for students to be able to make up the time at another venue. If a student misses more than one session it would not be possible to pass the course and they would receive a Certificate of Attendance only.

2. In addition to the course sessions students are required to complete written assignments as outlined below:-
- two essays (one 1000/1500 words the other 1500/2000 words)
 - personal learning journal, showing where you have met the course criteria set by CPCAB
 - two books reviews (500/1000 words each)
 - self review

It is estimated that students will need to commit a further 90 hours of home study time in addition to the course sessions. It is strongly recommended that you have access to a computer during the training. The awarding body, CPCAB, makes certain documents available to students online to be downloaded.

3. Students complete one role play skills assessment during one course session and complete an external exam which is marked by the awarding body, CPCAB. This involves watching a 15 minute video and completing a one hour paper under exam conditions.

While there are academic elements in the course, the training also involves self reflection and encourages a growth in self awareness. Students are expected to write reflectively in their learning journal as the course progresses. This style of learning will be familiar to you if you have already taken an introductory level course. For students beginning their counselling training, please be aware that this is not a purely academic course to acquire new skills and knowledge. It also involves personal development and self review. The sessions include a mix of teaching, group discussion and practical exercises to develop skills.

The course costs £995, which includes fees for registration with CPCAB and ACC. Cornerstone has secured sponsorship to be able to offer £495 per student towards the course fees, leaving each student to pay a fee of £500 for the training. An initial deposit of £100 is payable to secure your place and BCT offers students the facility to spread remaining payments with the balance payable in 10 monthly instalments of £40.00 from July 2017 – April 2018. Full details are included in the Terms and Conditions. Please note that, once you have been accepted on the course, paid your deposit and attended the first session, you are committing to covering the entire cost of the course, whether or not you complete it.

If you wish to apply for a place on the course, please complete the application form and return it together with your course deposit of £100 payable to “Barnabas Counselling Training Ltd” by **17th March 2017**. Please ask your Minister or Church Leader to complete the Confidential Reference form in support of your application. If you are unable to provide a Minister’s reference please ask someone who can comment on your character and suitability for this training.

If you have any questions about the Level 2 Skills course or about BCT’s training programme in general please do not hesitate to contact me by telephone or email.

With kind regards

Julie Allday
Administrator