

Who Accredits the Course?

The course is accredited by the Counselling & Psychotherapy Central Awarding Body (CPCAB) and recognised by the Association of Christian Counsellors (ACC). It carries 17 units on the Regulated Qualifications Framework (RQF).

What further training is available?

Students who successfully complete the Level 2 Certificate in Counselling Skills would be eligible to join a Level 3 Certificate in Counselling Studies course, also 90 hours of training.

After completing the two Certificate courses a student would be able to seek a counselling placement as a “trainee counsellor” with a counselling agency. On successful completion of the Level 4 Diploma a student would have qualified to practice as a counsellor. In due course, with the addition of hours from Levels 2 and 3, they would be eligible to apply for accreditation with both ACC and the British Association for Counselling and Psychotherapy (BACP).

Further information about CPCAB qualifications can be found on their website www.cpcab.co.uk.

How do I book?

Full details are available to download from the BCT website www.barnabastraining.com under “Course List” or contact BCT Administrator Julie Allday to request an application pack:

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Barnabas Counselling Training

Level 2 Certificate in Counselling Skills

Glenfrome Primary School, Bristol

16th July 2017 – 20th May 2018

in conjunction with Cornerstone Counselling Service and the
School of Evangelism and Leadership



Who is the Course for?

The course is for individuals who wish to learn counselling skills to be able to help people in a voluntary or employed situation, or for those who wish to find out more about counselling. It will not qualify students to be counsellors (they are termed “helpers” throughout this training course) but is a first step towards this and can progress to further training in counselling.

How long is the course?

The 90-hour course will run over 12 Sunday sessions, 9.00am-5.30pm on the following dates:

16th July 2017, 17th September, 15th October, 19th November, 10th December, 14th January 2018, 4th February, 25th February, 18th March, 15th April, 22nd April, 20th May.

Where is the course held?

Sessions will be held at Glenfrome Primary School, Cottisford Road Eastville, Bristol BS5 6TY.

Who teaches the course?

Our trainers are all counsellors approved as trainers by the Association of Christian Counsellors (ACC) and the Counselling and Psychotherapy Central Awarding Body (CPCAB). This course will be trained by Ms Gill Harvey.

What will I be taught?

The course covers the following topics:

- difference between caring, helping and counselling
- stages of the helping relationship
- developing communication and listening skills
- developing self awareness
- models for counselling
- common problems

How is the Course taught?

Sessions are a mix of teaching, group work and practical role play exercises to develop counselling skills. Students are introduced to counselling theory to set the context for counselling but the emphasis at this level is on the development of practical skills. While there are academic elements, the course also involves self reflection and encourages a growth in self awareness.

Each student receives a comprehensive course manual including additional background reading, and there is also a reading list. Help is given as to how to write the essays and complete the course criteria. BCT Tutors offer students an appropriate level of guidance and support as they work through the course, in a safe and structured environment. Previous students have commented on the *“excellent, dynamic and stimulating teaching that afforded (me) every opportunity to succeed”*.

What work will I have to do?

- 2 essays
- 2 book reviews
- Learning Journal
- 23 criteria to be covered
- Self review

An estimated 90 hours of home study are required in addition to the course sessions. Each student completes a formal counselling skills assessment during a session towards the end of the course. CPCAB also sets a written assessment to be completed under exam conditions in July 2017. Students have an opportunity to sit a mock assessment as preparation during an earlier course session.

What does it cost?

The subsidised fee is £500 which includes CPCAB and ACC registration fees. A deposit of £100 is required, and the balance may be paid monthly. Payment terms are covered in the application pack.