



How to Start a Physical and Mobility Challenge Ministry

1. Get the support of the pastor and church board, presenting the following objective: increase opportunities for people with physical and mobility challenges to be fully involved in church life.
2. Recruit a leader who can develop a team and who will become a voting member of the church board. If possible, this person should be someone who is directly benefited by APM ministries (i.e. either has a physical or mobility challenge, is Deaf, blind, etc.).
3. Interview local members with physical/mobility challenges to understand the accessibility needs of your physical church and programs. Be sure to problem-solve together.
4. Conduct an accessibility audit (physical, attitudinal, and spiritual accessibility). Considering the context of the local church, use the tool to identify methods to increase physical, social, and spiritual access to church life. For example, not every church around the world has the capacity to renovate a building, but are there alternative approaches including, taking church programs to the local community, care home, or even branch Sabbath Schools/House Churches?