



## How to Start a Mental Health Ministry

- A. Create a Ministry Team.
  - Identify stakeholders—the process for getting approval
  - Open invitation – the whole church’s participation
  - Find personnel and other needed resources within and outside your local church
  
- B. Create a Learning and Accepting Culture.
  - More than physical accessibility is needed
  - Know your audience. Learning is built on existing skills and knowledge (Luke 8:4-15).
  - Possibilities are built on existing strengths. Often perceived weaknesses are strengths over-emphasized. Tracing a perceived weakness back to a hidden strength can open possibilities for the individual and the church.
  - [Empower people with learning disabilities at church](#). “Caring” for those with a disability is not enough. Acknowledgment and encouragement of the gifts and talents that God has given is part of Adventist Possibility Ministries.