

NATIONAL REFERENCES AND RESOURCES

NATIONAL ORGANISATIONS

- Local children or adult services and NHS Health Promotion Service (via local/online directories).
- [Thirtyone:eight](#) - ☎ 0303 003 11 11
- [NSPCC](#) - Weston House, 42 Curtain Rd, London, EC2A 3NH. - ☎ 0207 825 2500
- [Children 1st](#) - Scotland's National Children's Charity - ☎ 0131 446 2300
- [Child Exploitation and Online Protection](#) – National Crime Agency reporting service

These organisations may also be approached for training or information.

HELPLINES

- [Thirtyone:eight](#) - ☎ 0303 003 11 11
- [ChildLine](#) - ☎ 0800 1111 (also handles adult calls)
- [NSPCC](#) - Child Protection Helpline: ☎ 0808 800 500
- [Children 1st](#) – Scotland's National Children's Charity - Helpline: ☎ 08000 28 22 33
- [Samaritans](#) - ☎ 116 123
- [Alzheimer's Society](#) - ☎ 0300 222 11 22 (National Dementia Helpline)
- [National Domestic Violence Helpline](#) - ☎ 0808 2000 247
- [National Centre for Domestic Violence](#) - ☎ 0800 970 2070
- [Women's Aid and Refuge](#)
 - FREEPHONE ENGLAND NATIONAL 24HR HELPLINE ☎ 0808 2000 247
 - SCOTLAND 24HR DOMESTIC VIOLENCE HELPLINE ☎ 0800 0271 234
 - WALES 24HR DOMESTIC VIOLENCE HELPLINE ☎ 0808 8010 800
- [Rape Crisis \(England & Wales\)](#) - ☎ 0808 802 9999
- [Respect Phonenumber](#) - ☎ 0808 8024040
- [Respect - Men's Advice Line](#) - ☎ 0808 801 0327
- [Mankind Initiative](#) - ☎ 01823 334 244

ADDITIONAL GUIDANCE AND USEFUL WEBSITES

- [Safeguarding Older People from Abuse and Neglect. Factsheet 78, May 2015](#)
- [NSPCC](#) publishes a series of separate information leaflets for parents, children and teenagers.
- [Thirtyone:eight](#) supplies books, DVDs and material to use with children. Send for their resource list at the above address enclosing a stamped, addressed envelope.
- [Kidscape](#) – Help with Bullying - 82 Brook Street, London W1Y 1YG, supplies materials for parents to use with children, and kits for use, particularly in schools.
- [Department of Health, Social Services and Public Safety Northern Ireland](#)
- [Scottish Government](#) website
- [Department for Education](#) – Responsible for education and children's services in England – has some useful links to safeguarding documents to guide professionals.
- HSE – Republic of Ireland – [Safeguarding Vulnerable Adults](#)

CRIMINAL RECORDS DISCLOSURE CHECKS

- England and Wales: [Disclosure and Barring Service](#) - Guidance for Employers
- Northern Ireland: Checks are carried out by [AccessNI](#)
- Republic of Ireland: [National Vetting Bureau](#)
- Scotland: The [Protecting Vulnerable Groups Scheme](#) (PVG Scheme)

NATIONAL ORGANISATIONS

- [Action for Children](#) Helping children across the UK to grow up safe and happy. For campaigns and articles, enter the search term 'Domestic Abuse'.
- [Hourglass](#): Safer Aging, Stopping Abuse. Elder Abuse Response Helpline: ☎0808 808 8141
- [Alzheimer's Society](#) ☎0300 222 11 22 (National Dementia Helpline)
- [Age UK](#)
- [Action on Disability](#) ☎020 7385 2098 / 7381 2042
- [Citizen's Advice](#) - contact your local branch
- [MENCAP](#) – advice for those with learning disabilities ☎0808 808 1111
- [MIND](#) – The National Association for Mental Health ☎0300 123 3393 or text 86463
- [RNIB](#) – The Royal National Institute for the Blind ☎0303 123 9999
- [Women's Aid](#) - Provides services for women and children who have been affected by the experience of domestic violence, rape and sexual abuse. ☎0808 2000 247
- [Refuge](#) - Refuge is the national charity which provides a wide range of specialist domestic violence services to women and children experiencing domestic violence. ☎0808 2000 247
- [Rape Crisis](#) (England & Wales) - Rape Crisis Centres offer a range of services for women and girls who have been raped or experienced another form of sexual violence. ☎0808 802 9999
- [Scope](#) - the main national organization for those with cerebral palsy ☎0808 800 333
- [Livability](#) (formerly The Shaftesbury Society) ☎020 7452 2000
- [Through the Roof](#) - Christian body who help to improve access of disabled people to the Church ☎01372 74995
- [Christian Survivors of Sexual Abuse](#) - Support and self-help for survivors *Website*.
- [MACSAS](#) - Support and networking for survivors of sexual abuse by those in ministry ☎08088 01 03 40
- [NAPAC](#) - National Association for People Abused in Childhood ☎0808 801 0331
- [RESPOND](#) - For survivors or abusers with learning difficulties ☎0808 808 0700
- [Survivors UK](#) - Support for male survivors ☎0203 598 3898
- [Victim Support](#) – an independent charity that helps people affected by crime or traumatic events get the support they need.
- [National Domestic Violence Helpline](#) (Refuge) - The Freephone 24 Hour National Domestic Violence Helpline run in partnership between Women's Aid and Refuge ☎0808 2000 247
- [National Centre for Domestic Violence](#) - The National Centre for Domestic Violence (NCDV) provides a free, fast emergency injunction service to survivors of domestic violence. 24-hour helpline: ☎0800 970 2070

- [Men's Advice Line \(Respect\)](#) - A confidential helpline for men experiencing domestic violence from a partner or ex-partner (or from other family members). ☎0808 801 0327 (Monday - Friday 9am-5pm)
- [Mankind Initiative](#) - Support for male victims of domestic abuse and domestic violence ☎01823 334 244 (weekdays 10am to 4pm)
- [Respect](#) - The Respect phone line is a confidential helpline offering advice, information and support to help you stop being violent and abusive to your partner. ☎0808 802 4040
- [Samaritans](#) - A 24-hour helpline for any person in emotional distress ☎116 123
- [SafeLives](#) - SafeLives is a national charity supporting a strong multi-agency response to domestic abuse. It provides practical help to support professionals and organisations working with domestic abuse victims, with the aim of protecting the highest risk victims and their children – those at risk of murder or serious harm. SafeLives does not provide direct support or advice to victims of domestic violence. However, if you are experiencing domestic abuse or are supporting someone who is in that situation, immediate help is available via the National Domestic Violence Helpline. ☎0117 403 3220
- [The National Careline](#) – Action on Elder Abuse ☎0800 0699 784
- [The Survivors Trust](#) - Umbrella agency for specialist rape and sexual abuse services in the UK. Helpline: ☎08088 010818
- [Survivors UK](#) - Support for men experiencing rape and sexual abuse, and for their friends and family.
- [Stop it Now](#) - Child protection charity, working to prevent child sexual abuse
- [Rights of Women](#) - Provides women with free, confidential legal advice by specialist women solicitors and barristers.
- [Domestic Violence Intervention Project \(DVIP\)](#) - Helps to make women and children safer. With services across London, they work to stop domestic violence and to reduce the harm it causes to women, children and families. ☎ 020 7633 918
- [White Ribbon](#) - Men working to end violence against women.

GOVERNMENT AGENCIES

- [Home Office](#) - Information regarding domestic violence and abuse, including links to further material on the new definition of domestic abuse; coercive and controlling behaviour; domestic violence disclosure scheme; domestic violence protection notices and orders; Domestic Homicide Reviews (DHR); Independent domestic Violence Advisers (IDVAs) and MARACs.
- [The Domestic Violence Disclosure Scheme \(DVDS\)](#) - Often called 'Clare's Law' after the landmark case that led to it. This gives any member of the public the right to ask the police if their partner may pose a risk to them. Under Clare's Law, a member of the public can also make enquiries into the partner of a close friend or family member.

SEVENTH-DAY ADVENTIST ORGANIZATIONS AND RESOURCES

- [Cornerstone Counselling Services](#) SEC Listening Line ☎ 0330 133 2495 or for appointments ☎ 020 7423 8050
- [Enditnow](#) - Adventists Say No to Violence - is a global initiative to raise awareness and advocate for the end of violence around the world. It aims to mobilize Seventh-day Adventists around the world and invites other community groups to join in to resolve this worldwide issue.
- [General Conference of Seventh-day Adventists](#) Official Statement on Family Violence

NB – SDA SUPPORT AND INTERVENTIONS SHOULD ALWAYS OPERATE ALONGSIDE COMMUNITY SUPPORT SERVICES, NOT AS AN ALTERNATIVE

CHRISTIAN RESOURCES

- [Restored](#) - Restored is an international Christian alliance working to end violence against women and to transform relationships.
- [RAVE](#) - RAVE is an initiative that seeks to bring knowledge and social action together to assist families of faith impacted by abuse.
- [Hidden Hurt](#) - Hidden Hurt is designed to help understand the dynamics of relationships where abuse is taking place, the different forms abuse can take, its effect on both direct victims (i.e. person being abused) and indirect victims (i.e. children living in a house where abuse occurs), specific issues facing the Christian abuse victim, and helpful links and telephone numbers inside the UK.
- [Faith Trust Institute](#) - A US-based multi-faith organization working to end sexual and domestic violence.
- [Eve](#) - run a family refuge in Northamptonshire and provide training on domestic abuse prevention and response

ORGANISATIONS PROVIDING TRAINING AND SUPPORT FOR WORKERS

- [Women's Aid](#) - Provides services for women and children who have been affected by the experience of domestic violence, rape and sexual abuse. ☎0808 2000 247
- [Mankind Initiative](#) - Support for male victims of domestic abuse and domestic violence ☎ 01823 334 244 (weekdays 10am to 4pm)
- [Refuge](#) - Refuge is the national charity which provides a wide range of specialist domestic violence services to women and children experiencing domestic violence. ☎0808 2000 247
- [Domestic Violence Intervention Project \(DVIP\)](#) - provide training programmes and expert support for practice development. ☎ 020 7633 918
- [Respect](#) - Respect is the UK's principle training organisation for frontline work with perpetrators of domestic violence and abuse, male victims and young people using violence. Training courses provide professionals with the skills and knowledge that they need to work safely and effectively in the domestic violence sector.

AGENCIES WORKING WITH MINORITY ETHNIC GROUPS

- [AFRUCA](#) – Safeguarding Children - ☎0844 660 8607
- [CIAC Chinese Information and Advice Centre](#) - ☎0845 313 1868 ex 211
- [Imkaan](#) - UK-based, umbrella women's organisation dedicated to addressing violence against Black and Minoritised women and girls
- [Kiran Project](#) – Supporting Asian Women - ☎020 8558 1986
- [LAWRS](#) (Latin American Women's Rights Service) - ☎020 7336 0888
- [Southall Black Sisters](#) - For Asian, African and African-Caribbean women - ☎020 8571 9595 Mon – Fri 10am – 5pm Closed Wed
- [Domestic Violence Intervention Project \(DVIP\)](#) - Helps to make women and children safer. With services across London, they work to stop domestic violence and to reduce the harm it causes to women, children and families. ☎ 020 7633 918

RESOURCES CONCERNING HONOUR-BASED VIOLENCE

- [Karma Nirvana](#) supports those who suffer or are at risk of honour-based abuse or forced marriage. ☎0800 5999 247 (9am – 9pm Weekdays & 10am – 4pm Weekends)
- [Forced Marriage Unit](#) - The Government's Forced Marriage Unit (FMU) is dedicated both to preventing British nationals being forced into marriage overseas and to assisting anyone in the UK faced with the prospect of being forced into a marriage. If you are worried that you might be forced into a marriage or are worried about someone else who may be you should contact FMU on ☎020 7008 0151 (9am – 5pm) or 0207 008 1500 (if outside the office hours (ask for the Global Response Centre)

HELP AND SERVICES SPECIFIC TO WALES

- [Dyn Wales/Dyn Cymru](#) - Support and advice for men experiencing domestic abuse (weekdays 9am–5pm). Helpline: ☎ 0808 801 0321
- [Live Fear Free Helpline](#) - Providing help and advice about violence against women, domestic abuse and sexual violence. ☎ 0808 801 0800
- [Safer Wales \(Women's Safety Unit\)](#) - Services in Cardiff for women who are pregnant or have children 0-4 years old, who are experiencing or are at risk of domestic abuse. Providing an independent Domestic Violence Advisor to work with high-risk victims of domestic abuse and sexual violence. ☎ 029 2022 0033
- Welsh Women's Aid Helpline - ☎ 0808 80 10 800
- Working in Wales to end domestic abuse and all forms of violence against women.

HELP AND SERVICES SPECIFIC TO SCOTLAND

- [Abused Men in Scotland](#) Helpline - ☎ 03300 949 395
- [Rape Crisis Scotland](#) Helpline - ☎ 08088 01 03 02
- [Scotland's Domestic Abuse and Forced Marriage Helpline](#) - ☎ 0800 027 1234
- [Scottish Women's Aid](#) –
- [Shakti Women's Aid](#) - Help for black and minority ethnic women, children and young people who have experienced domestic abuse. ☎ 0101 475 2399
- [Victim Support Scotland](#) - Free and confidential information and support to people who are victims of crime or attending a court in the region - ☎ 0800 160 1985

HELP AND SERVICES SPECIFIC TO IRELAND

- [Men's Advisory Project](#) - Counselling services for men experiencing domestic abuse. ☎ (028) 9024 1929
- [Victim Support NI](#) - Free and confidential information and support to people who are victims of crime or attending a court in the region. ☎ (028) 9024 3133
- [Domestic and Sexual Abuse](#) - 24-hour helpline for victims of domestic and sexual abuse. ☎ 0808 802 1414

RECOMMENDED READING

Christian Books:

- Battered into Submission: The Tragedy of Wife Abuse in the Christian Home – James & Phyllis Alsdurf
- Not Under Bondage: Biblical Divorce for Abuse, Adultery & Desertion – Barbara Roberts
- A Cry for Justice: How the Evil of Domestic Abuse Hides Out in Your Church – Jeff Crippen
- Unholy Charade: Unmasking the Domestic Abuser in the Church – Jeff Crippen
- The Heart of Domestic Abuse: Gospel Solutions for Men Who Use Control and Violence in the Home – Chris Moles
- Mending the Soul: Understanding and Healing Abuse – Stephen Tracey
- Domestic Violence: What Every Pastor Needs to Know – Al Miles
- Dating Violence in Teen Dating Relationships – Al Miles
- Keeping the Faith: Guidance for Christian Women Facing Abuse – Marie M. Fortune
- Beyond Boundaries: Learning to Trust Again in Relationships – John Townsend
- Voices from Violence: A Woman's Journey to Self-Healing – Calvin Wilson

Non-Christian Books:

- When Dad Hits Mom Helping Your Children Heal the Wounds of Witnessing Abuse – Lundy Bancroft
- Why Does He Do That: Inside the Minds of Angry and Controlling Men – Lundy Bancroft
- When Men Batter: New Insights into Abusive Relationships – Neil Jacobson & John Gottman
- Violent No More: Helping Men End Domestic Violence – Michael Paymar
- How He Gets Into Her Head: The Mind of the Male Intimate Abuser – Don Hennessy
- Trauma and Recovery: The aftermath of Violence – From Domestic Abuse to Political Terror - Judith Herman
- Invisible Chains: Overcoming Coercive Control in Your Intimate Relationship
- Helping Her Get Free: A Guide for Families and Friends of Abused Women – Susan Brewster
- It's My Life Now: Starting Over After an Abusive Relationship – Meg Kennedy Dugan & Roger R. Hock
- When Love Goes Wrong: What to Do When You Can't Do Anything Right – Ann Jones & Susan Schechter
- Domestic Violence Safety Plan: A Comprehensive Plan that Will Keep You Safer Whether You Stay or Leave – Kellie Jo Holly
- Getting Free: You Can End Abuse and Take Back Your Life – Ginny NiCarthy