Back to the Altar

Lifestyle Survey and Heart Challenges

- 1. Are you thirsty for something more with Jesus than what you have?
- 2. Do you have peace about your salvation by grace through faith.
- 3. Do you have daily meaningful UNRUSHED time alone with God in His written Word?
- 4. Do you have daily UNRUSHED time in prayer?
- 5. Do you daily surrender to Jesus as Lord of all you are, all you have, including your attitude and electronics?
- 6. Do you daily ask for and receive a fresh baptism of the Holy Spirit?
- 7. Do you love your family sacrificially?
- 8. When you are home, do you have daily family worship with your spouse/and or children?
- 9. Are you free from anything that would make you a slave? (Examples: bitterness, addictions, electronics, appetite, porn etc.)
- 10. Are you presently discipling someone outside your church family to trust, follow, and share Jesus?

More Back to the Altar resources coming soon! https://www.backtothealtar.org

Daily Back to the Altar Challenges

BTTA Challenge 1 - Back to the Altar: In Communion with God - April 3rd, 2023

- 1. Ask God, "What one change in my life would make the greatest difference in my communion with You?"
- 2. List 3 expected blessings you would receive if you made this one change in your life?
- 3. What is your first step in making this change?

"There is nothing more needed in the work than the "practical results of communion with God." *Testimonies*, vol. 6, 47

BTTA Challenge 2 - Back to the Altar: A Heart Revolution - April 4th, 2023

Try This: Over the next twenty-four hours, during each waking hour lift the "eyes" of your heart heavenward in thankful acknowledgement of God's protection, care, and provision for your every need. Invite one other lay person or leader to join you in this exercise. Set a time when you both can come together to share observations about the experience.

"I will lift up my eyes to the hills from whence comes my help? My help comes from the Lord. Who made heaven and earth." Psalm 121:1-2

BTTA Challenge 3 - Back to the Altar: Letter to the Rushing Remnant - April 5th, 2023

- 1. Turn off all electronics at least 30 minutes before you sleep tonight.
- 2. Read Isaiah 50:4.
- 3. Ask God to wake you up as early as He wants, to have unrushed time alone with Him in His Word and prayer. Get up when He calls you.

BTTA Challenge 4 - Back to the Altar: Jesus said, "Follow ME!" - April 6th, 2023

- 1. Tonight ask God to wake you up in the morning to have unrushed time alone with Him in His Word and prayer.
- 2. Get up when God awakens you. Pray for the Holy Spirit to be your Teacher.
- 3. Read John 7:37-39. Reflect on Jesus' words. What is Jesus inviting you to do? In what part of your life and relationships do you most need the living water Jesus offers? Pour out your heart to God and receive what He has promised.