

JANUARY 10 - 20, 2024

THEME: FAITH IN EVERY FOOTSTEP

10 DAYS OF PRAYER



DAY 5 - PRAYING LIKE JESUS

So when you pray, you should pray like this: “Our Father in heaven, we pray that your name will always be kept holy. We pray that your kingdom will come. We pray that what you want will be done, here on earth as it is in heaven. (Matt. 6:9, 10, ICB)

Jesus was very happy when His disciples asked Him how to pray! He was delighted that they wanted to talk to their Father in heaven just as He did.

Jesus started His special prayer with “Our Daddy!” When we pray, we often put our hands together. But we can also give ourselves a big hug from God and imagine His delight whenever we take time to talk to Him! He welcomes us with a BIG hug, and then He sits us on His BIG lap, ready to listen to us, just like the most wonderful daddy on earth!



Jesus praised God for being Holy – perfectly wise and loving. Jesus wanted God’s wisdom, love, joy, peace, and grace to be experienced on earth, just as it is in heaven, so that everyone could see and feel how wonderful it is to live in God’s forever-kingdom.

Jesus prayed for enough food for one day. He didn’t give God a long list of “wants”. Then Jesus prayed that we would forgive other people, just as God forgives us, so that we can share His love with others.

Finally, He asked God to help us make the good choices that lead us towards His wise, loving, and peaceful ways, and to rescue us when we make bad choices. Our loving Father God knows that we are human, and we will make mistakes. But He will always be there to help us because He loves us!

What a beautiful prayer! Whenever you pray, remember Jesus’ pattern for talking to His Father, and speak simply and openly to Him, remembering that He always loves you.

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LET'S DO THIS!

- Make up some actions to Jesus' beautiful prayer. Try starting with these actions:
- Our Father (give yourself a big hug from God).
- Who lives in heaven (hands up to sky)
- Hallowed by your name (Hands come together in prayer and come down to chest)
- Watch a YouTube clip of Karen Holford sharing her actions for the Lord's Prayer (https://www.youtube.com/watch?v=Wvb-OMf_Ulg)



LET'S PRAY

- Dear Father God, I praise You for the wonderful gift of prayer!
- Thank You, God, that I can talk to You whenever I want to!
- I am so sorry that sometimes I forget to listen to You and to say "I love You".
- Please help me to talk to You, and to listen to You, so that I can grow closer to You.
- I pray that more people will discover how to talk to You through prayer.